In this project youth will....

- Get involved in their communities
- Learn about the democratic processes
- Perform services for others
- Learn how to make a positive difference in their community
- Develop life skills that are essential for an individual to become an active, responsible citizen

**Beginner**

- Get to know club members and their interests
- Lead the Pledge of Allegiance & 4-H Pledge
- Learn the duties of club officers
- Participate in a service project
- Tour the state Capitol

**Intermediate**

- Learn the history of your town
- Give a talk on a citizenship related topic
- Coordinate a service project
- Be a leader in your club
- Learn the duties of city, county, and state elected officials

**Advanced**

- Learn Parliamentary Procedure
- ID an issue in your community & take action
- Teach your club about city, county, & state government.
- Attend Citizenship Washington Focus

**4-H:**

**Head:**
To think, to plan, and to reason:
- Record Keeping
- Goal Setting
- Problem Solving
- Decision Making

**Heart:**
To be kind, true, and sympathetic:
- Feeling
- Caring
- Sportmanship
- Responsibility

**Hands:**
To be useful, helpful, and skillful:
- Working
- Community Service
- Giving
- Teamwork

**Health:**
To resist disease, enjoy life, and to make for efficiency:
- Personal Safety
- Self-esteem
- Character
- Responsibility

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**Experience** • **Share** • **Generalize** • **Apply**
**Expand Your Experiences!**

### Healthy Living
- Coordinate a walk-a-thon or 5K benefitting a local charity
- Conduct a scavenger hunt to collect healthy snacks for a women’s shelter, backpack for kids, afterschool program etc.

### Science, Engineering, and Technology
- Design & build a community garden
- Record Public Service Announcements thanking elected officials

### Citizenship
- Coordinate a Government Appreciation Day
- Give a talk at a club meeting

### Leadership
- Share with your Quorum Court details of a community service project
- Apply to be a page in the state legislature
- Attend National 4-H Conference

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**Opportunities**
- Citizenship Washington Focus Tour
- Teen Leader Conference
- District & State O-Ramas
- Job shadow a public official
- Participate in 4-H County Council, local workshops, activities & events

**Curriculum**
- 4-H Citizenship: Government is Us!
- Arkansas History & Government
- National History & Government
- Citizenship Adventure Kit
- Agents of Change
- Raise Your Voice

**4-H Record Book**
- 4-H Record books give members an opportunity to record events and reflect on their experiences. Members document their personal experiences, learning and development.

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**Resources**

National 4-H Curriculum
U of A Cooperative Extension Service publications
www.4-H.org
www.uaex.edu/4-h youth

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