In this project you learn:

- Safe and responsible use of firearms and archery equipment
- The highest standards of safety, sportsmanship, and ethical behavior
- Understanding of natural resources and the development of personal environmental stewardship ethics through participation in marksmanship, hunting, & conservation

**Beginner**

Learn range commands and safe behaviors.

ID parts, uses, and care of a gun.

Keep a shooting journal

Complete the AR Game and Fish Hunters’ Education Course.

Compete at County O-Rama in a related activity.

**Intermediate**

Compete at a district, regional or state activity.

Prepare a demonstration, speech or poster on shooting sports.

Determine short and long term goals and make plans to reach goals.

**Advanced**

Compete at a regional or national Tournament.

Compete at National 4H Ambassador Training.

Complete youth Shooting Sports Instructor training and teach younger youth.

Practice and teach about conservation practices.

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**4-H:**

**Head:**
To think, to plan, and to reason:
- Record Keeping
- Goal Setting
- Problem Solving
- Decision Making

**Heart:**
To be kind, true, and sympathetic:
- Feeling
- Caring
- Sportsmanship
- Responsibility

**Hands:**
To be useful, helpful, and skillful:
- Working
- Community Service
- Giving
- Teamwork

**Health:**
To resist disease, enjoy life, and to make for efficiency:
- Personal Safety
- Self-esteem
- Character
- Responsibility
## Expand Your Experiences!

### Healthy Living
- Identify exercise/diets that will improve your fitness and scores
- Identify ways to secure firearms and prevent unauthorized use
- Identify what safety equipment is needed to prevent health issues

### Science, Engineering, and Technology
- Experiment with different distance
- Experiment with different projectiles
- Experiment with different positions

### Citizenship
- Plan and implement an event to educate about 4-H
- Plan and implement a community service event.
- Plan and implement a program about firearm responsibility

### Leadership
- Be a role model and coach at meetings
- Lead younger members to develop and achieve goals
- Become a club officer

### Opportunities
- 4-H O-Rama
- 4-H Forestry and Wildlife Camp
- Daisy BB Competition
- 4-H Range Events
- Jr. Olympics - USA Shooting
- Sports Program (AYSSP)
- National 4H Shooting Sports

### Curriculum
- Arkansas 4-H Shooting Sports Manual (Certified Leaders receive at training)
- National 4-H Curriculum
- USA Shooting
- Civilian Marksmanship Program (CMP)

### 4-H Record Book
- 4-H Record Books allow members to develop record keeping and goal setting skills.
- Members record learning experiences and activities in their 4-H projects, leadership and community service involvement, 4-H promotion, awards and accomplishments.

### Resources
- Arkansas 4-H Shooting Sports - [www.uaex.edu](http://www.uaex.edu)
- National Rifle Association
- Wildlife Habitat Education Program
- National Wild Turkey Federation
- Ducks Unlimited
- Arkansas Game and Fish Commission

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**DIVISION OF AGRICULTURE**
**RESEARCH & EXTENSION**

*University of Arkansas System*