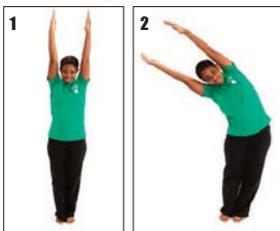


Healthy Living:

# YOGA FOR KIDS

Swaying Tree



Chair



Airplane



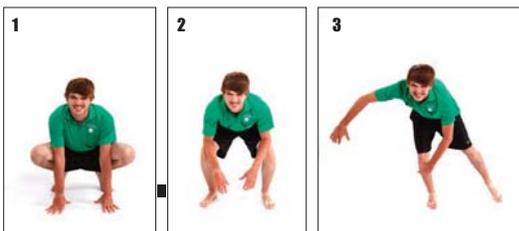
Half Dancer



Forward Bend



Gorilla



Deep Lunge



Dragon



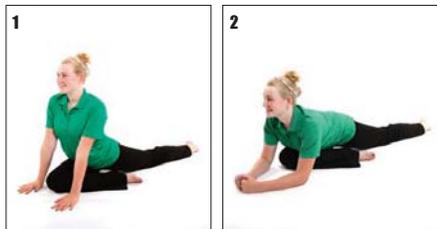
Twisted Dragon



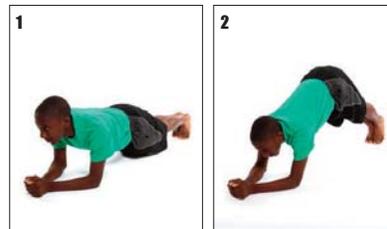
Bird Dog



Pigeon



Dolphin



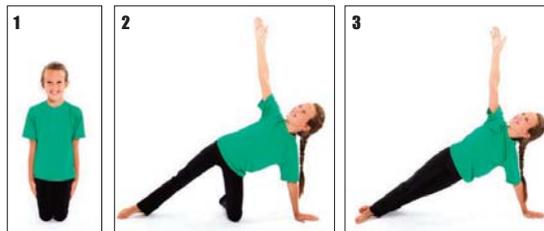
Cow



Cat



Side Plank



Half Camel



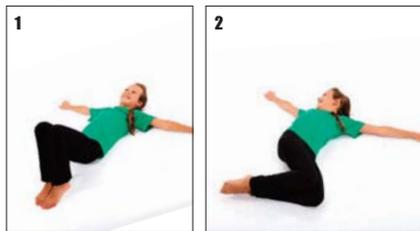
Half Boat



River



Lying Twist



Chill Pose



**TRANSITION POSES:**

Down Dog	Mountain	Table Top	Knee Stand

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