

Locus of Control

Julian Rotter (1966) devised a locus of control personality test to assess the extent to which an individual possesses internal or external reinforcement beliefs. Terry Pettijohn, the author of [Psychology: A ConnecText](#), has developed the following test based on Rotter's original idea. Indicate for each statement whether it is T (true) or F (false) for you. There are no right or wrong answers. This survey will give you a general idea of where you stand on the locus of control personality dimension.

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|--|---|---|
| 1) I usually get what I want in life. | T | F |
| 2) I need to be kept informed about news events. | T | F |
| 3) I never know where I stand with other people. | T | F |
| 4) I do not really believe in luck or chance. | T | F |
| 5) I think that I could easily win a lottery. | T | F |
| 6) If I do not succeed on a task, I tend to give up. | T | F |
| 7) I usually convince others to do things my way. | T | F |
| 8) People make a difference in controlling crime. | T | F |
| 9) The success I have is largely a matter of chance. | T | F |
| 10) Marriage is largely a gamble for most people. | T | F |
| 11) People must be the master of their own fate. | T | F |
| 12) It is not important for me to vote. | T | F |
| 13) My life seems like a series of random events. | T | F |
| 14) I never try anything that I am not sure of. | T | F |
| 15) I earn the respect and honors I receive. | T | F |
| 16) A person can get rich by taking risks. | T | F |
| 17) Leaders are successful when they work hard. | T | F |
| 18) Persistence and hard work usually lead to success. | T | F |
| 19) It is difficult to know who my real friends are. | T | F |
| 20) Other people usually control my life. | T | F |

SCORING:

Give yourself 5 points for each question if you indicated **False** on questions: 2,3,5,6,9,10,12,13,14,16,19,20

Give yourself 5 points for each question if you indicated **True** on questions: 1,4,7,8,11,15,17,18

RESULTS:

- 0-15 Very strong external locus of control
- 20-35 External locus of control
- 40-60 Both external and internal locus of control
- 65-80 Internal locus of control
- 85-100 Very strong internal locus of control

This personality test and many more along with information about personality are available at: <http://personality-project.org/personality.html>