



**DIVISION OF AGRICULTURE**  
**RESEARCH & EXTENSION**

*University of Arkansas System*

## Hot Spring County 4-H Happenings October 2016

As we enter the holiday season, things are starting to slow down a bit. I know several clubs have Christmas parties and service projects planned. Several clubs are participating in ringing the bell for Salvation Army, Angel Tree Projects, nursing home visits, and many more. I would also like to remind everyone the Extension Office will be closed for the winter holiday- December 23rd- Jan 1st. I hope everyone has a safe and happy holiday!

### Upcoming Events

- December 3rd- Christmas Craft Workshop- 10 A.M.- Noon- 4-H Center
- December 16th- Nursing Home Indoor Petting Zoo (Small animals only)- 9:30 A.M.- 11:00 A.M. at Encore
- December 13th- National 4-H Conference Applications due in the Office
- December 22nd- Citizenship Washington Focus Applications Due on 4-H Online
- December 23rd- January 1st- Extension Office Closed for Winter Holiday
- January 6th- Record Books due to County Extension Office by 4:30 P.M.

[Visit Our Website](#)

### Encore Petting Zoo

Friday, December 16th we will be meeting at Encore Health and Rehabilitation (across the street from Malvern Elementary School) for an indoor petting zoo from 9:30 A.M.- 11:00 A.M. 4-Hers are welcome to bring small animals for the nursing home patients to see. Please call the office to sign up and let us know what type of animal you will be bringing and if you need a school excuse letter by Tuesday, December 12th.



## Christmas Craft Workshop

On Saturday, December 3rd starting at 10 am we will be holding a Holiday Craft Workshop at the HSC 4-H Center. If you would like to attend please call the office to sign up. Also, I am looking for volunteers to provide crafts for that day. So, if you would like to come do a craft with the 4-Hers please call me, Kristal, at the office (501) 332-5267 to sign up. Your help would be greatly appreciated!!!



## Citizenship Washington Focus- Washington D.C.

### WHAT:

Citizenship Washington Focus a citizenship and leadership program

### WHY:

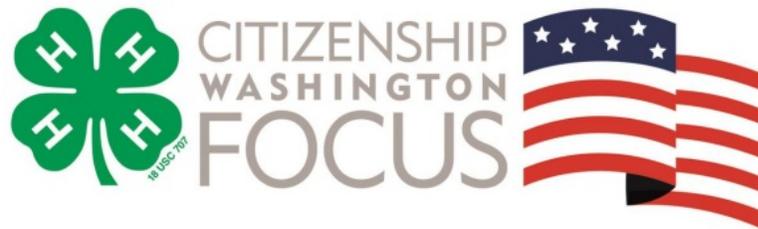
Experience the grandeur of our nation's capital with its historic sites, memorials, and museums Engage in a meaningful dialogue with

their peers from across the country on issues are most important to them Plan and lead large scale events during the week at CWF from conception to execution Practice interpersonal communication and cross-cultural competency as leaders of positive change Visit with State Congressmen and Senators WHO: Arkansas 4-H'ers ages 14-19

WHEN: July 8-15, 2017

WHERE: National 4-H Center, (Chevy Chase, MD) Washington DC

REGISTRATION FEE: The registration fee of \$1100 covers the program costs while at the National 4-H Center, transportation, dinner theatre ticket, personal copy of 8" x 10" color group picture taken on Capitol Hill, CWF t-shirt, souvenir backpack, water pouch, and sunglasses. There is funding available through the 4-H Foundation to help with expenses, talk to Rachel at the office if you are interested. Registration is on 4-H Online and is due December 22nd.



### Meet the Leader- Cody Mixon

Q: Why did you want to become a 4-H leader? A: To help other learn about showing.

Q: What is your background experience with 4-H? A: I was in 4-H for 10 years.

Q: What is your specialty area and what do you enjoy most about it?

A: My specialty area would be showing. I enjoy helping the kids learn and being there on show day!

Q: What is your favorite 4-H activity? Why?

A: My favorite activity is the State Fair. Because you get to spend time with show kids and parents from all over the state.



Q: What do you enjoy the most about working with 4-Hers?

A: Watching them grow in to young adults an them having fun doing it.

Q: What is the best advice you have for a 4- Her?

A: To never give up. The sky is the limit.

## Spotlight 4-H Event: Farm to You

On November 15th and 16th some of the 4-Hers and leaders helped with the Farm to You exhibit at Malvern Elementary. During the two days 916 students, K-4th grades, went through the exhibit. The exhibit is designed to enhance current UACES nutrition, health and agriculture programming done in the school. Students learned skills and choices for having a healthy lifestyle. They learned about the link between agriculture, nutrition, good hygiene practices, physical activity and health.

They walked through the digestive system, the muscles, bones and skin all while learning about eating healthy. This exhibit was very well received by the school and the students learned a lot.



This program would not have been possible without the help of the volunteers: Faith and Grace Harmon, Jack, Tina and Josh Masters, Jeffrey Herndon, Iris and Jeanie Stiles, Hadassah (Taylor) Fryar and Rachel Bearden. I really appreciate all their hard work.  
-Kristal Draper

STAY CONNECTED:

