



Hempstead County
Extension Service
400 S. Washington, Suite 105
Hope, AR 71801
(870) 777-5771

Steven Sheets
County Extension Agent-Agriculture

Contributors include:

Ruth E. Cook
Whitney Rook

Horticulture Newsletter December 2016

Private Pesticide Applicator Training (Pesticide Class)

Dates and Locations:

Date: **February 6, 2017**
Location: Southwest Research & Extension Center
362 Hwy 174 North, Hope, Arkansas
Time: 1:00 pm
Cost: \$10

Date: **April 6, 2017**
Location: Southwest Research & Extension Center
362 Hwy 174 North, Hope, Arkansas
Time: 6:00 pm
Cost: \$10

A note from Whitney Rook, 4-H Program Assistant:

All 4-H'ers who have not done so yet, please go into 4-H online and re-register for the new 4-H year. If this step is not taken, you will show as an **inactive** member.

UofA DIVISION OF AGRICULTURE
RESEARCH & EXTENSION
University of Arkansas System

I CARE.
We Serve.

The University of Arkansas System Division of Agriculture offers all its Extension and Research programs and services without regard to race, color, sex, gender identity, sexual orientation, national origin, religion, age, disability, marital or veteran status, genetic information, or any other legally protected status, and is an Affirmative Action/Equal Opportunity Employer.

La Universidad de la División de Sistemas de Arkansas de Agricultura ofrece a todos sus programas y servicios de extensión e investigación sin importar la raza, color, sexo, identidad de género, orientación sexual, origen nacional, religión, edad, discapacidad, estado civil o de veterano, información genética, o cualquier otro estado legalmente protegido, y es una acción afirmativa / ofrece igualdad de oportunidades.

Poinsettia Questions

Q I have a four foot tall poinsettia “tree” that is left over from last Christmas. I have just moved it back inside. Tell me what to do to make it turn red for the holidays.

A This is a common question, and while some people have had success in getting their poinsettia to turn colors, unless you have a greenhouse or a sunroom, the results are usually not as good as buying a new plant each year, but you can give it a try. The poinsettia needs full sun during the day, and total darkness at night—not a room light hitting it. After a couple of months of this short bright days and long dark nights, the leaves at the tip of the branches should begin to turn. The true flower of a poinsettia is small, non-descript yellow blossoms in the center of a group of colorful modified leaves called bracts. I think it is an awful lot of work, when you can buy such nice high quality plants every year. My suggestion is to grow it as a houseplant in a spare bedroom and if you get good color, enjoy it.

Q In December of 2008 I received a poinsettia and kept it alive through the winter and the summer of 2009. It flourished and made a beautiful plant. I forced it to bloom for Christmas of 2009 and had 12 or 13 beautiful blooms for the rest of the year. It is still growing and starting to put on new leaves. I know these plants are not really the type to cultivate and keep in this manner but it is kind of a project to see if I can get it bushed out and get it to bloom again for next Christmas. The plant is getting leggy and I would like to know if it can be trimmed back and made to bush out again without killing it.

A Wait until you move it outside for the summer and then prune it back by one third to one half. It will thrive outdoors and get nice and full. Fertilize and water all summer and it should do well. Then move it back inside in September and begin your re-blooming process again.

*Recipe provided by EFNEP
Expanded Food & Nutrition Education Program
Ruth Cook, EFNEP Program Assistant*

“What do I do with leftover turkey?”

Turkey Vegetable Quiche

Ingredients:

1 pie crust, unbaked (9 inches)
½ cup onion, diced
½ cup mushrooms, sliced
½ cup red bell pepper, diced
1 ½ cups precooked turkey breast, cubed
4 eggs
½ cup non-fat milk
1 tsp. Dried seasoning (basil, garlic or parsley)
½ tsp. Black pepper
½ cup shredded cheese (cheddar, mozzarella or swiss)

Instructions:

Preheat oven to 375° F.
Prepare pie crust as directed on package.
Heat a skillet to medium. Add onion, mushrooms, and red pepper to skillet. Sauté for 2-3 minutes.
Add vegetables and turkey to pie crust.
Whisk together eggs, milk, seasoning, and pepper in a bowl. Pour mixture into crust and top with shredded cheese.
Bake for 35 minutes or until a knife inserted in the center comes out clean.
Remove from oven. Let the quiche set up for about 5 minutes.
Slice and serve.

Tips:

- Use leftover turkey from a holiday meal to make this quiche.
- Substitute ½ lb. of cooked ground turkey for the cubed turkey breast.
- Substitute 1 can of mushrooms for the sliced mushrooms.

Serves 8

Nutrition Facts:

Calories 210

Total Fat 10g

Sat. Fat 3.5g

Cholesterol 120mg

Serving size 1 slice

Calories from fat 90

Protein 16g

Trans Fat 0g

Annuals for Every Location

Annual	Flower Color	Exposure	Spacing (inches)	Plant Height (inches)
Ageratum	Blue	Sun	12	6-18
Amaranthus	Red ¹	Sun	14	24-36
Bachelor's Buttons ²	All	Sun	10	16-24
Balsam	Red	Sun–semi-shade	10	16-24
Bells of Ireland ²	Green	Sun	12	16-24
Black-eyed Susan	Yellow	Sun	14	12-18
Calendula	Yellow	Sun	12	10-18
Celosia (cockscomb) ²	Red-yellow	Sun	14	12-24
Coleus	All ¹	Sun–semi-shade	12	12-24
Cosmos	Pink	Sun	16	30-48
Dahlia	Red-yellow	Sun	12	12-48
Dianthus ³	Pink-red	Sun	10	10-12
Dusty Miller	Gray ^{1,2}	Sun	10	12-18
Fan Flower	Blue	Sun	14	10
Flowering Tobacco	Red, pink, white	Sun	12	16-24
Four O'clock	All	Sun	14	24-36
Gaillardia	Yellow	Sun	12	12-18
Geranium	Red, pink	Sun	14	16-30
Globe Amaranth ²	Purple	Sun	12	14-18
Impatiens (New Guinea)	Red, pink, white	Sun–semi-shade	12	12-16
Impatiens (sultana)	Red, pink, white	Semi-shade	12	8-24
Lantana	Yellow, red, orange	Sun	12	12-16
Larkspur ³	Blue, pink	Sun	8	18-36
Marigold (French)	Yellow	Sun	12	8-14
Marigold (African)	Yellow	Sun	18	24-36
Melampodium	Yellow	Sun	14	12-24
Morning Glory	All	Sun	18	Vine
Nasturtium	Orange	Sun–semi-shade	8	10-18
Pansy ³	All	Sun	10	10-14
Periwinkle (vinca)	White, pink	Sun–semi-shade	12	8-24
Petunia	All	Sun	12	12-18
Phlox	All	Sun	10	8-14
Poppy (Iceland) ³	All	Sun	10	18-24
Portulaca (Moss Rose)	All	Sun	8	6-10
Salvia (Scarlet Sage)	Red	Sun	12	14-30
Scabiosa Daisy	Purple	Sun	10	14-18
Snapdragon	All	Sun	10	8-24
Spider Plant (Cleome)	Pink, white	Sun	16	30-36
Strawflower ²	All	Sun	12	16-24
Sweet Alyssum	Purple, white	Sun–semi-shade	8	6-8
Thunbergia	Yellow	Sun	10	Vine
Verbena	All	Sun	12	10-14
Wax Begonia ¹	Red, pink, white	Sun–semi-shade	10	10-16
Wishbone Flower	Blue, purple	Shade	12	12
Zinnia (Mexican)	Yellow, orange, white	Sun	12	10-12
Zinnia	All	Sun	16	18-36

¹Grown for its colorful foliage. ²Can be dried for winter arrangements. ³Should be planted in the fall or late winter.

December

Garlic
Lime Soil
Salad Greens (Protected)
Order Catalogs
Lettuce in Cold Frame
Salad Greens
English Peas
Test Soil
Order Seed

January

Order Seed
Salad Greens (Protected)
Order Catalogs
Lettuce in Cold Frame
Add Compost
Prepare Soil
Lime Soil
Salad Greens
Spinach
Soil Test
English Peas

February

Order Seed
Lime Soil
Compost
Order Catalogs
Prune Fruit Trees and Shrubs
Prepare Soil
Test Soil
Prepare Work Tools
Strawberries (1-5 years)
Spinach (42)
English Peas (60 -70)
Salad Greens (Protected)

University of AR System
Division of Agriculture
Cooperative Extension Service
2301 S. University Ave.
Little Rock, AR 72204